

all the best from the Spezerei

light...

Warm up

Hot Aperol 8 €

Aperol · white wine · organic apple juice · orange

Holy Ginger 5,6 €

Hot lemon · elderberry sirup · fresh ginger

Dirty Chai Latte 6,6 €

Chai Latte with espresso

Baked Potato

filling of tomato & basil cream cheese 11 €

Salsa Basil

on crispy sourdough bread:

Tomato salsa · Jalapeños · Cilantro ·

Basil cream 8,6 €

Lentils-Eggplant

on crispy sourdough bread:

Eggplant-Tahini-Lemon Spread ·

Beluga Lentil-Chickpea Topping 10,2 €

...or hearty

Tyrolean Dumplings

FROM 11:30 AM - WHILE SUPPLIES LAST-

Original Tyrolean handcrafted dumpling specialties made from traditional recipes.

No added flavors or flavor enhancers.

Choose from:

· Spinach Dumplings

· Bacon Dumplings

· Pumpkin Dumplings (seasonal)

Served with Parmesan, melted butter, and a choice of crisp salads:

· Red Cabbage-Apple Salad w. Horseradish

· Cabbage Salad with Bacon and Caraway

· Beetroot Salad with Apples

1 Dumpling + 1 Salad of your choice 9,2 €

2 Dumplings + 1 Salad of your choice 14,3€
extra salad 4 €

Levante Bulgur Salad

Bulgur · Mint · Zucchini · Bell Peppers ·

Apricots · Soybeans 9,2 €



Our Deli Bread

SALSA-BASIL CREAM *VEGGI 8,6 €

TOMATO SALSA · JALAPEÑOS · CILANTRO · BASIL CREAM

TOMATO AND BASIL CREAM CHEESE *VEGGI 8,6 €

HERBAL LIGHT CREAM CHEESE *VEGGI 8,6 €

JALAPENOS AND PEPPER CREAM CHEESE *VEGGI 8,6 €

CREAM CHEESE · YOGURT · JALAPEÑOS · BELL PEPPERS

EGG SALAD *VEGGI 9,2 €

LENTILS-EGGPLANT *VEGAN 10,2 €

EGGPLANT-TAHINI-LEMON SPREAD · BELUGA LENTIL & CHICKPEA TOPPING

SUNFLOWER-ANTIPASTI *VEGAN 10,2 €

SUNFLOWER SEEDS SPREAD · ANTIPASTI TOPPING

SMOKED SALMON & HONEY-MUSTARD 11,4 €

SLICED SMOKED SALMON · HONEY MUSTARD CREAM CHEESE

TUNA ARTICHOKE 11,4 €

TUNA PATÉ · ARTICHOKE HEARTS

FISCHERS FRITZ 11,4 €

HERRING FILLETS · PRAWNS · CUCUMBERS · CRANBERRIES

TUSCANY CHICKEN & BASIL CREAM 11,4 €

CHICKEN · SUN DRIED TOMATOES · RED PEPPERS · OLIVES · BASIL SPREAD

CHICKEN BOMBAY 11,4 €

CHICKEN · PINEAPPLE · RED PEPPERS · MANGO-CURRY

CRISPY BASKET 6 €

3 ENDS OF SOURDOUGH LOAFES · 3 SURPRISE SPREADS

Salads & Co.

CHICKPEAS AND BELUGA LENTIL SALAD *VEGAN 8,6 €

“LEVANTE” BULGUR SALAD *VEGAN 8,6 €

BULGUR · MINT · ZUCCHINI · BELL PEPPERS · APRICOTS · SOYBEANS

MAMMOTH OLIVES *VEGAN 5,7 €

Hot & Hearty

TYROLEAN DUMPLINGS

SERVED WITH MELTED BUTTER, PARMESAN AND YOUR CHOICE OF SALADS:

1 DUMPLING + 1 SALAD 9,2 €

2 DUMPLINGS + 1 SALAD 14,3 €

SALAD EXTRA 4 €

CHOICE OF DUMPLINGS:

SPINACH DUMPLING *VEGGI

BACON DUMPLING

PUMPKIN DUMPLING *VEGGI (SEASONAL)

CHOICE OF RAW VEGETABLE SALADS:

RED CABBAGE AND APPLE SALAD WITH HORSERADISH

COLESLAW WITH BACON AND CUMIN

BEETROOT SALAD WITH APPLES

TOASTIES WITH SESAME 9,5 €

THE INDIAN

TURKEY BREAST · MANGO CURRY SPREAD · CARROTS

THE ITALIAN *VEGGI

TOMATO AND BASIL CREAM CHEESE · ANTIPASTI VEGETABLES

THE FRENCH *VEGGI

GOAT CREAM CHEESE · NATURAL CREAM CHEESE · APRICOT · ROSEMARY

BAKED POTATO WITH FILLING

HERBAL LIGHT CREAM CHEESE *VEGGI 11 €

TOMATO AND BASIL CREAM CHEESE *VEGGI 11 €

FISCHERS FRITZ 12,5 €

CARROT COCONUT SOUP 8 €

CHILI CON CARNE (SEASONAL) 10 €

Sweets

COOKIE 3,5 €

BROWNIE 3,5 €

FLORENTINER 3,3 €

TARTES 4,8 €

CREAM CAKES 6,2 €

Breakfast

FITNESS-BREAKFAST 16 €

FRUIT SALAD & YOGURT · BREAD & CREAM CHEESE · FRESHLY SQUEEZED ORANGE JUICE

GOOD MOOD BREAKFAST 10,9

BREAD BASKET · CROISSANT · BUTTER · organic JAM · CREAM CHEESE

COUNTRY BREAKFAST 9,5 €

BREAD ROLL · BREAD · BUTTER · organic JAM · BOILED EGG

TINY BREAKFAST 6,7 €

CAFÉ CREMA OR ESPRESSO · CROISSANT · organic JAM

FRENCH EGG 6,7 €

TOASTED CROISSANT WITH EGG SALAD · BLACK FOREST SMOKED HAM

BREAKFAST SLICE 6 €

WITH NATURAL CREAM CHEESE & organic JAM

CHEESE PLATE 12 €

MILD BREAKFAST CHEESES · BREAD & BUTTER

HAM, SALAMI & CHEESE PLATE 12 €

MILD BREAKFAST CHEESES · BLACK FOREST SMOKED HAM · AIR DRIED SALAMI
BREAD & BUTTER

NORWEGIAN SMOKED SALMON 12 €

CUCUMBER MUSTARD RELISH · BREAD

organic **OAT GRANOLA** WITH YOGHURT AND FRUIT PUREE **6,4 €**

FRUIT SALAD WITH OR WITHOUT YOGURT **6,4 €**

CROISSANT 2,9 €

BRIOCHE 2,9 €

PAIN AU CHOCOLAT 3,3 €

CINNAMON PASTRY *VEGAN 3,3 €

PRETZEL 2,3 €

BUTTERED PRETZEL 2,9 €

PORTION BUTTER 1,2 €

organic **JAM 1,8 €**

BOILED EGG 2,3 €

BREAD BASKET 3,5 €

Coffee & Cocoa

OAT MILK: SURCHARGE 0,3 €

ESPRESSO · ESPRESSO MACCHIATO single 2,8 € · double 4,5 €

CAFÉ CREMA small 3,1 € · large 4,7 €

CAFÉ AU LAIT · CAPPUCCINO · LATTE small 4,2 € · large 5,6 €

CHOCOLATE small 4,2 € · large 5,6 €

DARK CHOCOLATE 75% small 4,8 € · large 6,3 €

MOCCACCINO small 4,9 € · large 6,6 €

Organic Teas & Chais

BLACK TEAS 4,9 €

EARL GREY, DARJEELING FIRST FLUSH

GREEN TEA 4,9 €

GREEN JASMIN, MORNING SENCHA MANGO

HERB INFUSIONS 4,9 €

SEVEN HERBS, GINGER LEMON, PEPPERMINT

FRUIT INFUSION PURE NATURE 4,9 €

CHAIS 4,9 €

AYURVEDA YOGI CLASSIC, AYURVEDA SANSIBAR CHAI

YOGI CLASSIC WITH MILK & HONEY 5,9 €

CHAI LATTE 5,9 €

DIRTY CHAI LATTE CHAI LATTE WITH ESPRESSO 6,6 €

Frappés & Shakes

FRUIT FRAPPÉ 0,45L 7,3 €

RASPBERRY, MANGO

COFFEE-FRAPPÉ 0,45L 7,3 €

DOUBLE ESPRESSO · MILK · CARAMEL SIRUP · VANILLA SIRUP · WHIPPED CREAM

CHOCOLATE FRAPPÉ 0,45L 6 €

MILK SHAKE 0,45L 5,8 €

COCONUT, CARAMEL, VANILLA

with WITHOUT

DRINKS WITHOUT ALCOHOL

Aperos

Sekt Cuvee Zero 6,6 €

Stiftungsweingut Freiburg

Sanbitter Tonic 6,6 €

Sanbitter · Tonic Water · Cucumber · Lemon · Ice

Sanbitter „0“ 6,6 €

Sanbitter · Orange Juice · Orange · Ice

Crodino Sprizz 8 €

Crodino Bitter · Sparkling Wine Zero · Orange Juice · Ice

Crodino Ginger 6,6 €

Crodino Bitter · Ginger Ale · Ice

Apero Sprizz 8 €

Bitter Orange · Sparkling Wine Zero · Soda

Coolers

Henry's Cooler 5,1 €

Beer Zero · Thomas Henry Spicy Ginger

Virgin Cranny 7 €

Cranberry Juice · Beer Zero · Violet Syrup

Cool Orange 6,6 €

Orange Juice · Lime Juice · Coconut Syrup

Cold Drinks

MANNA LEMONADE 0,5L 5,6 €

ELDERBERRY LEMON, KIWI CUCUMBER

SCHWARZWALDSPRUDEL STILL WATER 0,25L 2,9 €

SCHWARZWALDSPRUDEL MEDIUM WATER, STILL WATER 0,5L 4,6 €

SCHWARZWALDSPRUDEL MEDIUM WATER, STILL WATER 0,75L 6 €

BIONADE 0,33L 4 €

ELDERBERRY, GINGER ORANGE, LEMON BERGAMOT, BLOOD ORANGE

FRUIT JUICES & NECTARS - Pure or as a spritzer 0,3L 3,8 € · 0,5L 5 €

organic APPLE NATURALLY CLOUDY, ORANGE, RHUBARB, BLACK CURRANT, CRANBERRY

FRESHLY SQUEEZED ORANGE JUICE 0,2L 4 € · 0,3L 5,5 €

AFRI COLA · BLUNA ORANGE 0,3L 3,8 € · 0,5L 5 €

AFRI COLA LIGHT 0,2L 3,2 €

SCHWEPPES 0,2L 3,8 €

TONIC, GINGER ALE, BITTER LEMON

Beer & Aperitif & Degistif

ROTHAUS TANNENZÄPFLE 0,33L 4 €

PILSENER, PILSENER ALCOHOL FREE, YEAST BEER, YEAST BEER ALCOHOL FREE,
SHANDY NATURALLY CLOUDY

APEROL SPRIZZ · CAMPAROL SPRIZZ 8,5 €

CRANNY SPRIZZ 7,5 €

CRANBERRY JUICE · PROSECCO · VIOLET SYRUP

HUGO 7,5 €

PROSECCO · SODA · ELDERFLOWER SYRUP

ABSOLUT VODKA LEMON 9 €

WHISKEY TULLAMORE DEW 4CL 5,5 €

WHISKEY COKE 8 €

CUBA LIBRE 8 €

GIN TONIC GRETCHEN GIN, MONKEY 47 GIN 11 €

SCHLADERER SCHNAPPS 2CL 5 €

PEAR WILLIAMS, MIRABELLE, CHERRY

GRAPPA 2CL 4,5 €

COGNAC 2CL 6 €

AVERNA 4CL 5 €

Wine

FREIBURGER STIFTUNGSWEINGUT · QBA WINES · DRY

CHASSELAS WHITE 0,2L 7,3 € · 0,75L 24,5 €

PINOT BLANC WHITE 0,2L 7,3 € · 0,75L 24,5 €

PINOT BLANC-CHARDONNAY WHITE 0,2L 8 € · 0,75L 26,5 €

PINOT GRIS WHITE 0,2L 7,3 € · 0,75L 24,5 €

PINOT NOIR ROSÉ ROSÉ 0,2L 7,3 € · 0,75L 24,5 €

PINOT NOIR RED 0,2L 7,3 € · 0,75L 24,5 €

WINE SPRIZZ WHITE, ROSÉ, RED 0,2L 4,3 €

WG BISCHOFFINGEN · KAISERSTUHL QUALITY WINE · DRY

MERLOT ROSENKRANZ RED 0,2L 8 € · 0,75L 26,5 €

Bubbles

SPARKLING GELDERMANN GRAND BRUT 0,1L 6,5 € · 0,75L 34 €

PROSECCO DOC TREVISO TERRA SIENA 0,1L 5,5 € · 0,75L 29 €

